

Sophia / one prayer, heard carefully

A 30-minute session, freely adapted to the learners before you.

READ / 5 minutes to orient, 10 to read

Read the story introduction, choose one numbered repentance and open its source chapter.

DISCUSS / 8 minutes

Ask what Sophia describes, what she asks and what she trusts. Keep her words separate from the group's interpretations.

PRACTISE / 5 minutes, with an invitation to pass

Offer an optional reflection: what perspective would help me choose a supportive next step?

CLOSE / 2 minutes

Ask: What became clearer? What question remains? What small next step do I choose? A learner may listen, disagree, pause or keep the reflection private.

Open the permanent reading route: </journeys/sophia/>

Keep the edition and the recording distinct

Prayer references use G. R. S. Mead's revised 1921 English edition of Pistis Sophia. The continuous synthesized English audio has no independently verified prayer timestamps or aligned transcript. Read the chapter linked from the guide; do not treat chapter numbers as audio segments.

All thirteen prayers and their source chapters

ONE OBSERVATION	ONE QUESTION OR INTERPRETATION
A FREELY CHOSEN NEXT STEP	A SOURCE / EDITION / PASSAGE

Share Babylon's maps and prompts with the Babylon name and permanent lesson links retained. Check the terms of any external edition before reproducing its text.

Hebrew letters / one letter, named layers

A 30-minute session, freely adapted to the learners before you.

READ / 5 minutes to orient, 10 to read

Choose a letter from the directory. Identify its glyph and family before using its Babylon correspondences.

DISCUSS / 8 minutes

Ask learners to distinguish a letter, a paired Gate and a fixed Tree path. Use $22 \times 21 / 2 = 231$ only for unordered pairs of distinct letters.

PRACTISE / 5 minutes, with an invitation to pass

Invite each learner to explain one distinction through an everyday example.

CLOSE / 2 minutes

Ask: What became clearer? What question remains? What small next step do I choose? A learner may listen, disagree, pause or keep the reflection private.

Open the permanent reading route: </he/journeys/connected-study/>

Keep the counts and layers exact

Three Mothers, seven Doubles and twelve Simples make 22 letters. The 231 count concerns unordered pairs of distinct letters. Babylon's adopted correspondences remain distinct from a source edition and from modern Hebrew pronunciation.

Hebrew directory, families and final forms

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The Mirror / a relationship that teaches

A 30-minute session, freely adapted to the learners before you.

READ / 5 minutes to orient, 10 to read

Introduce Lamed / Libra as Babylon's seventh-room Mirror. Every encounter may offer learning; no person is ranked as a true or false twin.

DISCUSS / 8 minutes

Separate observation, feeling and interpretation. Vav's joining of heaven and earth asks how meaning receives a freely lived form.

PRACTISE / 5 minutes, with an invitation to pass

Invite a private next step that preserves both people's worth, consent and choice. No personal disclosure is required.

CLOSE / 2 minutes

Ask: What became clearer? What question remains? What small next step do I choose? A learner may listen, disagree, pause or keep the reflection private.

Open the permanent reading route: </collections/love-and-the-mirror/>

Worth stays whole

In Babylon, Lamed / Libra is the seventh-room Mirror. Vav names heaven and earth joining in the love teaching, and has a separate second-chamber Hand role. A feeling or chart does not supply another person's agreement. Learning can continue through a freely chosen ending as well as a continuing relationship.

The learning principle: perspective, dignity and choice

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